



**MARSHA E. FRIEDMAN**  
Career & Life Coach,  
Author & Speaker

Marsha is the founder of MEF Coaching & Consulting Group. As a career and life coach, Marsha helps her clients transition from struggling to survive to thriving in the life they choose.

Marsha inspires her audiences and students with insights drawn from her personal life, her experience coaching others, and the lessons shared through the pages of her books, *Surviving and Thriving Despite the Drama* and *Job Search Mastery*.

Her engaging, entertaining, and interactive presentations offer topics and delivery customized to suit your organization's or your group's interests and learning preferences.

If you are interested in booking Marsha to speak at your event, [please reach out to us](#) to discuss details of how Marsha can help your group or organization.

**MEF** COACHING &  
CONSULTING

# Learning experiences that inspire **Personal Growth** to achieve your Career & Life Dreams

## Current Speaking Topics Include:

- ✓ **Confidentially Speaking:** Light A Fire That Will Take You to the Top!
- ✓ **Benefits of Failure:** Turn Your Greatest Failures into Your Greatest Successes
- ✓ **Your Full Potential:** Bust the Barriers Between You and Your Full Potential
- ✓ **Connect the Dots:** Your Personal Value Proposition, Engagement & Productivity
- ✓ **Making Zoom Zoom:** Crafting On-line Programs that Rival In-Person Events
- ✓ **Developing Job Search Mastery:** Master the Job Search and Accelerate Your Success
- ✓ **Resilience Muscles** – Exercise Resilience to Overcome the Life's Setbacks
- ✓ **Small Changes, Big Rewards:** How Making Small Changes Yields Big Rewards

## “ RAVES FROM PAST AUDIENCES

*Marsha projects unparalleled energy and confidence making her messages distinct and relatable.*

**Gerald Gilin,**  
DRB Systems, LLC

*Marsha's ability to deliver training in an effective and engaging way was remarkable. Her unique gift of relating to a diverse group of people helped us deliver our program to hundreds of employees.*

**Carrie Ball,**  
Cleveland Clinic/Akron General

*Marsha is an engaging speaker who brings a wealth of knowledge and experience.*

**Chad Cook, Adjunct Professor,**  
Baldwin Wallace University